

CONFERENCE GUIDE



OCTOBER 6–8, 2022

OUR TEAM



Bringing this year's conference to life has brought together a dedicated team from across Canada! We are grateful for the enthusiasm this team brought to bring CSLC 2022 to life.

Joanne Jensen - Programming
Marc England - Programming
Brent Dickson - Programming
Atif Hirjee - Programming

Bob Kline - Spirit Leaders
Abbey Gingerich - Spirit Leaders

Ian Tyson - Technology and Production

Jake Choi - Technology and Production
Maddie Campbell - Executive Director
Dave Conlon - Conference Lead
Ash Baer - Conference Lead



Conference Logo designed by Ryan Hughes



OCT 6-8, 2022

RYAN HUGHES

THE ARTIST BEHIND THE LOGO

Ryan is a high school student in Snuneymuxw First Nation In Nanaimo, he is currently in Grade 11 and is an art enthusiast. He creates a wide variety of art through prints and carving designs. His interest was sparked through YouTube and watching other artists so, he wanted to do his own. In the Logo for "Emerging Leaders" he used the whale emerging to represent leaders that are emerging and the eagle to represent strength. To Ryan this logo represents strength, integrity, culture, and a new generation of up and coming leaders.

BUILD SCHOOL PRIDE

Visit our website
to view our **NEW**
2022/23
DESIGN
CATALOGUE

WE OFFER:

- Grad Clothing
- Team & Club Gear
- Anti-Bullying
- Orange Shirt Day

+ PLUS

- Leadership
- Orientation
- Colour House
- PE Attire

“

As always, your service is
unbeatable.
It is always a pleasure doing
business with your team.

Carol Blair

Prince of Whales Public School • Belleville, ON

”

A Better Product, Faster,
at a Competitive Price

Official Clothing
Provider For
CSLC-CCLE
Canadian Student
Leadership Conference

Call or email today
to inquire about our
**Spiritwear Online
Store Program**
which can be custom
tailored to fit your
school's apparel needs

“

Amazing!

Thank you so much!!
We will be using you
guys again for sure...

**Incredible
Service!!**

Thanks again!

Kate Malayko

École St. Paul School • Fort McMurray, AB

”

SPIRITWEAR
Canada

spiritwearcanada.ca • 1-800-507-4174 • sales@spiritwearcanada.ca

HISTORY OF CSLA



In 1983, the students and staff of the Yorkton Regional High School were invited to host the annual provincial leadership conference of 1985. A year later the Premier of Saskatchewan, the Hon. Grant Devine, challenged the Yorkton students to turn the 1985 provincial conference into a national conference. This would be one of Saskatchewan's contributions to the 1985 International Year of the Youth project.

The students and staff of Yorkton Regional High School accepted the challenge, and the 1985 conference was held on September 18th, 19th, and 20th in Yorkton, SK. Over eight hundred students and student advisors attended this conference which had for its theme "YOUTH OF TODAY – LEADERS OF TOMORROW." Not only did the people come from all across Canada, but there were also strong delegations from five states south of the border and one delegate from Mexico City. Among the keynote speakers were Mark Scharenbroich, Pamela Wallin, Laurie Skreslet, Jack Donahue and a host of others from within and outside Canada.

The advisors at the Yorkton conference voted unanimously to support the idea of an annual leadership conference across the nation. Provinces and Territories would be invited to host these conferences. Through the interest, effort, and commitment of these advisors, the Canadian Association of Student (Government) Advisors, now known as the Canadian Student Leadership Association, was born.

En 1983, les élèves et le personnel enseignant de Yorkton Regional High School ont été invités à organiser le congrès de leadership provincial annuel de 1985. Un an plus tard, le premier ministre de la Saskatchewan, l'honorable Grant Devine, a mis les élèves au défi de faire de celui-ci un congrès national. Ce serait là une des contributions de la Saskatchewan à l'Année internationale de la jeunesse de 1985.

Le défi a été accepté par les élèves et le personnel enseignant de l'école et le congrès de 1985 a eu lieu à Yorkton les 18, 19 et 20 septembre. Il avait pour thème « Jeunes d'aujourd'hui, leaders de demain » et plus de huit cents élèves et conseillers étudiants y ont participé. Non seulement les gens sont venus de partout au Canada, mais il y avait des délégations importantes de cinq États américains et un délégué de Mexico. Parmi les conférenciers principaux se trouvaient Mark Scharenbroich, Pamela Wallin, Laurie Skreslet, Jack Donahue et d'autres en grand nombre venus du Canada et d'ailleurs.

Au congrès de Yorkton, les conseillers ont voté de manière unanime en faveur d'un congrès de leadership annuel pour tout le pays. Les provinces et les territoires du Yukon et du Nord-Ouest seraient invités à en être les hôtes. Grâce à l'intérêt, aux efforts et à l'engagement de ces conseillers, l'Association canadienne des conseillers (l'Association canadienne de leadership étudiant) en gestion étudiante a vu le jour.

Halifax, Nova Scotia
September 22-26, 2015



Canadian Student Leadership Conference 2012

Flat Out Leadership~Sept 25-29th. Weyburn, Sask.



DOVES



In 1985, the United Nations decreed that that year be the “International Year of Youth.” This was also the year that the first Canadian Student Leadership Conference was held in Yorkton, Saskatchewan where Raymond Smuk, a Yorkton Regional High School student, designed and carved The Doves to represent Youth, Participation, Development and Peace in the year of Youth. The Doves sculpture has been passed on from conference to conference becoming an enduring symbol of mentoring, cooperation and leadership. The Doves are the common thread that connects the past, present, and future Canadian Student Leadership Conferences.

In 2016, work was completed on the Doves, which included refurbishments and the addition of a second base. This work was completed by Beurnald Doiron, a teacher from Cités des Jeunes, A.M. Sormany (CSLC-CCLE 2016 host school). The addition of the second base is a testament to the enduring leadership legacy of CSLC to schools and communities across the country.



**STAY
CONNECTED
WITH CSLA**

SCHEDULE

PACIFIC -3 HRS

MOUNTAIN -2 HRS

CENTRAL -1 HR

SCHEDULE IN EASTERN TIME

ATLANTIC +1 HR

NFLD +1.5 HRS



THURSDAY, OCTOBER 6, 2022

***ALL TIMES
ARE IN EST**

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
11 AM- 12 PM	EXPLORE ONLINE CAMPUS	WE ENCOURAGE YOU TO USE THIS TIME TO EXPLORE EVERYTHING CAMPUS HAS TO OFFER FROM CREATING YOUR AVATAR, PLAYING SOCCER, DOING THE SCAVENGER HUNT AND MORE	ONLINE CAMPUS, VIRBELA
12:00- 1:30 PM	CONFERENCE IN A BOX ACTIVITIES	THIS IS A GREAT TIME TO BRING YOUR CONFERENCE IN A BOX TO LIFE! UNPACK THE BOX AND GET STARTED WITH YOUR CONFERENCE T-SHIRT AND LANYARD! AFTER YOU LOOK THE PART, THIS IS A GREAT TIME TO USE THE ICE-BREAKER ACTIVITIES PROVIDED AND START PLANNING YOUR COMMUNITY IMPACT PROJECT; 20K SOCK DAY. THE BOX INCLUDES INSTRUCTION CARDS FOR EACH ACTIVITY AND A PASSWORD PROTECTED WEBSITE IF YOU WOULD LIKE FURTHER INSTRUCTIONS/VIDEO INSTRUCTIONS.	YOUR OWN SPACE!
1:30-3:00 PM	OPENING CEREMONIES + OPENING KEYNOTE: CATRIONA LE MAY DOAN	OPENING CEREMONIES KICKS OFF WITH OLYMPIAN CATRIONA LE MAY DOAN <u>CLICK HERE TO LEARN MORE ABOUT THE INSPIRING CATRIONA!</u>	ONLINE CAMPUS, VIRBELA
3:00- 4:00 PM	SPIRIT GROUPS	EACH STUDENT IS PUT INTO A SPIRIT GROUP, YOUR GROUP NAME AND GOOGLE LINK WILL BE SENT THE WEEK OF THE CONFERENCE. THE GOAL OF THESE GROUPS IS FOR STUDENTS TO CONNECT WITH OTHER STUDENTS FROM ACROSS CANADA. STUDENTS WILL GO THROUGH A STRUCTURED PROGRAM FACILITATED BY CSLC TRAINED SPIRIT LEADERS WHICH INCLUDES A CANADA WIDE CHALLENGE "SPIRITED IMPACT" CHALLENGE WHERE STUDENTS WORK THROUGH A CHALLENGE PRESENTLY HAPPENING IN SCHOOLS TO SOLVE.	GOOGLE MEETS
4:00- 5:00 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR OWN SPACE!

***ALL TIMES
ARE IN EST**

THURSDAY, OCTOBER 6, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
5:00–6:00PM	STUDENT FEATURE PRESENTATION	IN THIS SESSION, STUDENTS FROM ACROSS CANADA WILL PRESENT ON A EVENT THEY FACILITATED AT THEIR SCHOOL THAT MADE AN IMPACT ON THEIR COMMUNITY. STUDENTS WILL WALK AWAY WITH IDEAS AND PROCESSES ON HOW TO BRING THIS TO YOUR SCHOOL.	ONLINE CAMPUS, VIRBELA
6:00–6:30PM	JULLY BLACK	JUNO-AWARD WINNING, JULLY BLACK WILL BE PERFORMING AND PARTICIPATING IN A Q/A SESSION WITH STUDENT LEADERS. <u>CLICK HERE TO LEARN AND LISTEN TO JULLY BLACK!</u>	ONLINE CAMPUS, VIRBELA
6:30–7:00 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR OWN SPACE!
7:00–8:30 PM	SPIRIT LEADER GROUPS + ADVISOR ONLY SESSION WITH DR. JODY CARRINGT ON	STUDENTS: IN THIS SPIRIT LEADER SESSION YOU WILL START TO WORK ON YOUR SPIRITED IMPACT CHALLENGE AND DEBRIEF THE DAY! ADVISORS: YOU WILL HAVE A SESSION WITH <u>DR. JODY CARRINGTON</u> FOLLOWED BY A ADVISOR SOCIAL WITH <u>IAN TYSON!</u>	GOOGLE MEETS

***ALL TIMES
ARE IN EST**

FRIDAY, OCTOBER 7, 2022

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
11 AM-12:00 PM	EXPLORE ONLINE CAMPUS	WE ENCOURAGE YOU TO USE THIS TIME TO JUMP ON CAMPUS AND MAKE CONNECTIONS WITH OTHER STUDENTS-- PLAY A GAME OF BASKETBALL, MEET A NEW FRIEND IN THE PRIVATE CONVERSATION ZONES, GO FOR A BOAT RIDE AND MORE!	ONLINE CAMPUS, VIRBELA
12:00-12:30	CULTURAL MOMENT: GORD DOWNIE & CHANIE WENJACK LEGACY SCHOOL KIT UNBOX	<u>THE GORD DOWNIE & CHANIE WENJACK FOUNDATION</u> WILL BE UNBOXING THE SCHOOL KIT THAT HAS BEEN MAILED TO YOU BEFORE CSLC. THEY WILL EXPLORE THE WAYS TO USE THE RESOURCES FOR YOUR OWN <i>RECONCILIATION</i> PROJECT IN YOUR SCHOOL.	ONLINE CAMPUS, VIRBELA
12:30-1:45 PM	HONORABLE MURRAY SINCLAIR KEYNOTE	THE HONORABLE MURRAY SINCLAIR WILL BE SHARING AN EDUCATIONAL AND TANGIBLE KEYNOTE FOLLOWED BY A Q/A FACILITATED BY STUDENTS.	ONLINE CAMPUS, VIRBELA
1:45-2:00PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE!

***ALL TIMES
ARE IN EST**

FRIDAY, OCTOBER 7, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
2:00 PM- 3:00 PM	WORKSHOP BLOCK ONE	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA
3:00-3:30 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE!
3:30-4:30 PM	HARRISON BROWNE KEYNOTE	<u>HARRISON BROWNE</u> WILL SHARE HIS INSPIRING JOURNEY IN HIS KEYNOTE PRESENTATION FOLLOWED BY A Q/A FACILITATED BY STUDENTS!	ONLINE CAMPUS, VIRBELA
4:30 PM- 5:00 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE!
5:00- 6:00 PM	WORKSHOP BLOCK TWO	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA

***ALL TIMES
ARE IN EST**

FRIDAY, OCTOBER 7, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
6:00-6:30 PM	NUTRITION BREAK FEATURING IAN TYSON LIVE COOK	IAN TYSON WILL BE DOING A LIVE COOK OF A QUICK AND EASY SNACK YOU CAN MAKE AT HOME! FOLLOW ALONG OR TAKE NOTES TO MAKE IN THE FUTURE.	ONLINE CAMPUS, VIRBELA
6:30-7:30 PM	SPIRIT GROUPS	STUDENTS WILL BE WORKING ON THEIR CHALLENGE AND HAVING SOME EXTRA FUN IN THEIR SPIRIT GROUPS.	GOOGLE MEETS
7:30-8:30 PM	LEADERSHIP OPPORTUNITIES SESSION	IN THIS SESSION STUDENTS WILL LEARN ABOUT DIFFERENT ORGANIZATIONS THAT CAN FURTHER THEIR LEADERSHIP SKILLS FROM RELAY FOR LIFE TO JOB SEEKING ADVICE, TO SUMMER PROGRAMS!	ONLINE CAMPUS, VIRBELA
8:30-9:30 PM	SPIRIT GROUPS	IN THIS SESSION, STUDENTS WILL HAVE SOME FUN AND DEBRIEF THEIR DAY!	GOOGLE MEETS

***ALL TIMES
ARE IN EST**

SATURDAY, OCTOBER 8, 2022

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
11 AM-11:15 AM	EXPLORE ONLINE CAMPUS	WE ENCOURAGE YOU TO USE THIS TIME TO JUMP ON CAMPUS AND MAKE CONNECTIONS WITH OTHER STUDENTS-- PLAY A GAME OF BASKETBALL, MEET A NEW FRIEND IN THE PRIVATE CONVERSATION ZONES, GO FOR A BOAT RIDE AND MORE!	ONLINE CAMPUS, VIRBELA
11:15 AM-12:00 PM	CULTURAL MOMENT: DAVE GUNNING	<u>NOVA SCOTIAN FOLK SINGER/SONGWRITER, DAVE GUNNING</u> WILL BE PERFORMING AND SHARING ABOUT HIS JOURNEY IN THE MUSIC INDUSTRY	ONLINE CAMPUS, VIRBELA
12:00- 1:00 PM	WORKSHOP BLOCK 3	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA
1:00-1:30 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE
1:30-2:30 PM	MELANIE SODKA KEYNOTE	WELL-BEING + MENTAL HEALTH AND CAPACITY EXPERT <u>MELANIE SODKA</u> WILL EMPOWER CSLC WITH WAYS TO BUILD RESILIENCE AND CAPACITY!	ONLINE CAMPUS, VIRBELA

***ALL TIMES
ARE IN EST**

SATURDAY, OCTOBER 8, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
2:30-3:30 PM	WORKSHOP BLOCK 4	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA
3:30- 4:00 PM	LIVE COOK BREAK	IAN TYSON WILL BE DOING A LIVE COOK OF A QUICK AND EASY SNACK YOU CAN MAKE AT HOME! FOLLOW ALONG OR TAKE NOTES TO MAKE IN THE FUTURE.	ONLINE CAMPUS, VIRBELA
4:00-5:00 PM	SPIRIT GROUPS	JOIN YOUR LAST SPIRIT LEADER SESSION WITH ONE LAST DEBRIEF AND FINALIZE YOUR PRESENTATION!	GOOGLE MEETS
5:00- 6:00 PM	CLOSING CEREMONIES + CSLA AWARDS	WE WILL BE ANNOUNCING THIS YEAR'S CSLA AWARDS	ONLINE CAMPUS, VIRBELA

**READY TO SHARE ALL THAT
YOU'VE LEARNED AT CSLC?**

**BRING A HORIZONS
LEADERSHIP CONFERENCE TO
YOUR SCHOOL**
(IN PERSON OR VIRTUALLY)



Horizons Leadership Conferences are one-day regional conferences that are student-run, bringing together student leaders in your community for keynote speakers and leadership development. Horizons Leadership Conferences also include a professional development session for teacher-advisors.

WWW.STUDENTLEADERSHIP.CA/HORIZONS

HORIZONS
CONGRÈS LEADERSHIP CONFERENCE

WORKSHOP DESCRIPTIONS

OCTOBER 7

2PM- 3PM ET



BEN MCNAMARA

ALL MEANS ALL – CREATING INCLUSIVE SCHOOLS THAT WELCOME STUDENTS WITH DISABILITIES

You've probably heard a lot about inclusion lately, especially when it comes to school. Inclusion means meeting the needs of ALL students. We all have the right to belong. We also have the right to learn and work together. There was a time when many people who had an intellectual disability, or other disabilities, were not welcome in public schools. Persons with an intellectual disability were not valued for their strengths, but merely judged on the basis of their disability. Over the years, we have learned that inclusive education benefits all students. Everyone learns better when there is a sense of belonging and respect. Inclusion helps everyone develop their individual strengths and gifts and helps us to create friendships with a diverse variety of people. As a high school student, you are probably well aware of the realities and the effects of exclusion. You may have felt excluded yourself at some point. It's not a nice feeling. This workshop will tackle a number of issues around inclusion. Issues like harassment, bullying, and loneliness are getting students, teachers, principals, and other school staff to look for new and creative ways to make their high schools healthy and positive "communities" for everyone.



JEFF GERBER

SECRETS TO A SUCCESSFUL STUDENT'S COUNCIL

Bringing students together to make an impact on their school is something Jeff not only knows how to do but he knows the secrets on taking Student Council and Activities at your school to the next level. Join this workshop to learn how to maximize your impact as student leaders when bringing events to life, fundraising, connecting to students, and more! This workshop will build your toolbox of skills and ideas to thrive as a Student Council this year!



KELSEY COUTTS DESTINY HOOSTIE

BANGIN' BANNOCK FRYBREAD WORKSHOP

A open conversation workshop showing the process of making bannock while speaking on histories, culture and our journey in business! Delicious food and good conversation.

OCTOBER 7

2PM- 3PM ET



CLAUDE BEAULIEU

REBOOT TON MIEUX-ÊTRE

Reboot ton mieux-être est une conférence informative et dynamique qui favorisera le mieux-être de chaque participant. Le concept de reboot est simple, tel un ordinateur, nous avons nous aussi besoin occasionnellement d'un Reboot pour être en mesure de retrouver notre fonctionnement optimal. Donnez vous la permission de venir faire un ménage de votre système. Venez en apprendre davantage sur les antivirus qui permettent de protéger votre système des menaces extérieures, sur les programmes qui favorisent une meilleure organisation des différents fichiers de votre vie, sur l'importance de la connexion et sur les différentes applications qui peuvent simplifier ou permettre d'équilibrer votre vie personnelle/professionnelle. Si vous avez besoin de recharger votre batterie et de retrouver votre énergie vitale, je vous invite à venir faire une Reboot de votre système lors de cette conférence transformative et unique en son genre.



INDIGENOUS INVENTIONS LEARNING THROUGH LEGACY SCHOOLS

DWF's Legacy Schools program provides people with a variety of opportunities to include Indigenous knowledge and understanding in their communities. Through this workshop, youth will learn how many everyday inventions we use exist because of brilliant Indigenous minds!

**SABRINA ANGECONEB
& LISA PRINN**



BRENT DICKSON

ADVISOR ONLY WORKSHOP FESTIVE YELLOW LANDYARDS: TRADITIONS IN YOUR SCHOOL

There are traditions that are rooted in the foundation of our school culture that are unique to every school. Some traditions are rooted in the history of your school and some are traditions you didn't even know have started until students raise awareness that in fact that activity you do every year or way you celebrate birthdays are crucial to your school culture. Join Brent in exploring how leaning into those little traditions can make a big impact.



SARAH DAINTREY

BUILDING A CULTURE OF COMMUNITY AT YOUR SCHOOL

Activities, tricks, tips, and hints for getting students at your school to feel connected and able to participate in events. This workshop will walk you through some low risk, high reward activities to help provide opportunities for students to participate in events at your school. The goal at the end of the day is make a place where all students and staff feel good about. We want people to run to school, then walk home!



JANE THOMPSON

SCHOLARSHIPS: NOT JUST FOR SUPER-HEROES!

Jane has read thousands of scholarship applications. In this session she will share how to approach your applications, why you shouldn't let fear get in your way, and will bust a few myths as well.



NICK FOLEY

THE CADENCE EFFECT

In this upbeat and engaging workshop, Nick combines stories and his own personal insights coupled by individual and group work , to help busy teachers become their best through an efficient cadence of habits and tracking. The focus of this presentation includes Avoiding Burnout, Building Resilience, Managing Your Energy, the Power of No, and Setting Boundaries. Nick will provide you with a practical toolbox of information that you can use immediately in your personal life, with your family and your team.

OCTOBER 7

5PM– 6PM ET



ALEXANDER FLORIO

JOB PREP 101

For this workshop, I will be discussing the do's and don'ts every job seeker should know when creating a resume and preparing for a job interview. More often than not, there are common errors that job seekers make and it costs them. These mistakes are easily fixable and I will provide some tips that will help you land the job!



JOËL MICHAUD

LE PROFESSIONALISME ET L'ÉTHIQUE

Pratiquant le droit au Canada Atlantique et au Québec, Joël fournit des conseils stratégiques à ses clients en matière de relations de travail, de droit du travail et de l'emploi, et de litige civil. Il a comparu devant tous les niveaux de cour au Nouveau-Brunswick, devant la Cour fédérale, et devant la Cour suprême du Canada. L'atelier traitera du rôle parfois négligé du professionnalisme et de l'éthique en société et au travail.



MANDART CHAN

ADVISOR ONLY WORKSHOP

THE EDI JOURNEY STARTS IN THE CLASSROOM

As Leadership class advisors, we get to work with a diverse student population of our schools. With the multitude of faces that we see, we need to be mindful of the intersectionalities and social identities that these students bring to the classroom. Let's discuss the basics of Equity, Diversity, and Inclusion that will help shape the communities that we live in.

OCTOBER 8

12PM-1PM ET



ABBEY GINGERICH

YOUR SCHOOL ON SOCIAL MEDIA

Social media is a powerful tool! Let me show you how to use it to keep your school community informed, engaged, and spirited! Whether you're just getting started or looking to elevate your online presence, I will show you all my tips and tricks. I'll even share some of my early mistakes so you can avoid them. We'll discuss branding, marketing, content creation, community engagement, and everything in between. My goal is to empower schools to feel more confident with their online presence, more connected to their students, and more involved in their communities.

**RELAY
FOR LIFE**



COURTNEY RATTAN

DRAWING ON YOUR LEADERSHIP

QUALITIES – RELAY FOR LIFE YOUTH

Courtney and Helen are Relay For Life Youth Specialist at the Canadian Cancer Society who work with high school students in the GTA. They empower students to bring Relay For Life to their school community by equipping them with the leadership skills and tools needed to do so. The Relay For Life Youth team takes students on a journey to discover and reflect on their leadership qualities through drawing.



POST SECONDARY STUDENT PANEL

This Panel includes post-secondary students at different levels of their post-secondary journey who were involved in student leadership, like you! This panel will answer questions about life in post-secondary as well as tips on how to use your involvement in student leadership beyond high school. Join this conversation to learn more about post-secondary opportunities and apprenticeships.

ZOE MOLDER, EMILY ARROWSMITH, LEAH LINDSAY, ERIK MCINNES

OCTOBER 8

12PM-1PM ET



ALISON SPRINGER

SHOW ME YOUR FRIENDS, I WILL SHOW YOU YOUR FUTURE

Nobody likes being told who they can and cannot hang out with. When it comes to leading others and making a stand for what is right, your friendships will either help or hinder your leadership abilities. In this session, Alison will share tools that will help you discern between healthy and unhealthy relationships. Using the terminology of balcony and basement friends. You will examine and evaluate what kind of friends you have surround yourself with and what kind of friend are you.



ALEX BROWNSTEIN

COMMENT NOS ÉPREUVES DEVIENNENT NOS VALEURS ET COMMENT NOS VALEURS NOUS INSPIRENT?

Comment nos épreuves deviennent nos valeurs et comment nos valeurs nous inspirent? Durant cet atelier, Alex va nous parler de comment iel transformé et continuer de transformer quelques épreuves dans sa vie, surtout liées à son identité queer et linguistique, dans certaines valeurs qu'iel tient à cœur et comment ces valeurs l'inspirent et le/la motivent dans tout ce qu'iel fait. Avec des témoignages personnels, des réflexions individuelles et des discussions en groupe, iel espère vous outiller pour transformer vos épreuves en valeurs pour que vous puissiez les utiliser dans votre propre leadership.





ATIF HIRJI

ANTI-RACISM 101

Anti-Racism 101 gives an overview of concepts like anti-racism, privilege, diversity, inclusion, and bias, as well as provides concrete strategies and takeaways on how to focus on these concepts to build a stronger school community.



COURTNEY RATTAN

DRAWING ON YOUR LEADERSHIP QUALITIES – RELAY FOR LIFE YOUTH

Courtney and Helen are Relay For Life Youth Specialist at the Canadian Cancer Society who work with high school students in the GTA. They empower students to bring Relay For Life to their school community by equipping them with the leadership skills and tools needed to do so. The Relay For Life Youth team takes students on a journey to discover and reflect on their leadership qualities through drawing.



LAUREN WHITE

CREATIVITY AND MENTAL HEALTH

In this workshop, Lauren will speak about how embracing creativity has helped her in her own struggles with mental health. Students will be encouraged to think about how they can use their own creativity to develop community, find purpose, and improve the lives of others around them.



ZOEY ROY

SPOKEN WORD AS LEADERSHIP

Zoey Roy is a poet for the people. Nehiyaw, Dene and Métis, Zoey understands the richness of Indigenous knowledge and how it can be looked to for guidance. She is a dedicated learner; a PhD student today, zoey holds a bachelor of education and masters of public policy. She is a teacher at heart and loves to be a part of the resurgence of the day. Participants in Zoey's workshop will craft their own individual poem based on their values, insights and passions. No experience necessary!



MELANIE SODKA

ADVISOR ONLY WORKSHOP

DIVING INTO YOUR CAPACITY

During this session, attendees will experience a new level of self-awareness around critical life and workplace topics such as the realities of multitasking, burnout prevention and contributing to an environment of 'sustainable ambition'. Throughout her session, Melanie will facilitate learning moments that will allow participants to leave with actionable resources and new ideas to manage their capacity.



RELAY FOR LIFE



Canadian
Cancer
Society

presented by



Desjardins



WE RELAY TO TRANSFORM THE FUTURE OF CANCER ONE COLLECTIVE STRIDE AT A TIME.

Relay For Life is more than a single step in the right direction. It's the starting line to ignite a movement that begins within the walls of schools across the country. A movement that inspires the next generation of student leaders eager to take action to create change.

At Relay we walk so those living with cancer and those remembering the ones they've lost

never have to walk alone. We fundraise so those working tirelessly to improve cancer outcomes can continue to make the future bright.

When we unite with student leaders and schools we become unstoppable. The Canadian Cancer Society unites and inspires Canadians to take control of cancer and Relay For Life is about being bold enough to take action.

Get your school involved and host a Relay For Life event this year.

WHY SHOULD MY SCHOOL RELAY?

To become leaders in the school community and beyond. Relay For Life committee members will have the opportunity to positively influence their peers and acquire practical real world skills in their roles.

Strengthen your student community. Relay For Life is the perfect event that will bring your students closer together, and create some energy and excitement that's been missing on your campus.

To have the time of your life! Not only will you be making an impact on people affected by cancer, Relay For Life is an EPIC experience! Create a legacy at your school with an unforgettable event that is customized for YOUR students. Provide entertainment, games, great food and enjoy time with friends all while walking laps in teams. It's a party with a purpose!



A MESSAGE FROM DESJARDINS:

You care about helping those in need—and so do we! As presenting sponsor, we applaud all the young leaders who are involved in Relay For Life. Thank you for helping to make a difference for those affected by cancer.

NEED MORE REASONS TO RELAY?



FREE TRAINING CONFERENCE

Your committee will be invited to attend a one-day, in-person conference where you will receive leadership and skill development training with other high schools in your area.



SUPPORT FROM AN EXPERT

Your Relay For Life committee will receive 1:1 support from your own Relay For Life Specialist.



EVENT FUNDING

The Canadian Cancer Society will provide your planning committee with event funding to help with essential event costs.



WHAT IMPACT WILL I MAKE THROUGH RELAY FOR LIFE?



Help CCS fund groundbreaking cancer research that changes the way cancer is treated, improving outcomes and saving lives.



Ensure that no one has to face cancer alone by providing a national support system for people with cancer and their loved ones.



Shape health policies that will save lives and make living with cancer easier.



Learn more and get connected:



relayyouth@cancer.ca



@youthrelay



RELAY FOR LIFE



presented by



***CULTURAL
MOMENTS +
ENTERTAINMENT***



**Thursday, Oct 6
6PM ET**

Jully Black is a true Canadian Icon. Named as one of 'The 25 Greatest Canadian Singers Ever', (CBC Music) she has been dubbed 'Canada's Queen of R&B Soul' by fans and industry leaders alike. As a platinum selling recording artist, her music career has yielded multiple singles reaching the Top 10 pop, R&B and dance music charts. She has taken home Juno and Gemini Awards, earned innumerable industry accolades and was hand selected to sing for the Queen of England. With her powerhouse vocals, hilarious personality and love of people, Jully Black truly is everyone, and unlike anyone. Her passion for philanthropy has taken her from the shantytowns of Bangladesh to the villages of South Africa and all across Canada. As a woman of faith, she champions important causes and uses her career as a platform to celebrate and inspire the greatness that lies within each of us.



**Saturday, Oct 8
11:15 AM ET**

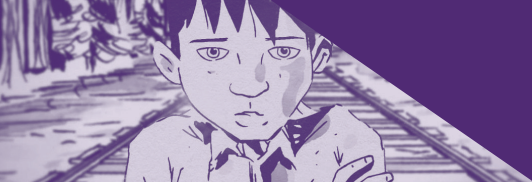
Dave Gunning is best defined as a master craftsman. Over the course of 23 years and 11 earlier albums, the Nova Scotian folk singer/songwriter has diligently sharpened his skills, developing into a poetic storyteller and emotionally convincing singer with few equals. The fruits of those labours are now vividly on display in his latest collection of songs, *Up Against The Sky*. The relaxed and intimate feel of the record reflects its method of creation. "I focused a lot on tones and the vibe, rather than strategic parts on this one. Many of these tunes were sung and played at the same time, and that prevented me from being able to go back and edit, forcing a little more honesty."



**Friday, Oct 7
11:30 AM ET**

The Gord Downie & Chanie Wenjack Fund is part of Gord Downie's legacy and embodies his commitment, and that of his family, to improving lives of First Peoples in Canada. In collaboration with the Wenjack Family, the goal of the Fund is to continue the conversation that began with Chanie Wenjack's residential school story, and to aid our collective reconciliation journey through a combination of awareness, education, and action.

Every School that attends CSLC will be mailed a Legacy School kit that will be demonstrated on the Mainstage of the Conference on Friday!



LEGACY SCHOOLS

About The Gord Downie & Chanie Wenjack Fund

The Gord Downie & Chanie Wenjack Fund (DWF) is part of Gord Downie's legacy and embodies his commitment, and that of his family, to improving the lives of First Peoples in Canada. In collaboration with the Wenjack family, the goal of the fund is to continue the conversation that began with Chanie Wenjack's residential school story, and to aid our collective reconciliation journey through a combination of awareness, education and action.

About The Legacy Schools Program

The DWF Legacy Schools program is an opportunity for classrooms/schools to lead the movement in awareness of the history and impact of the residential schools system on Indigenous Peoples. Legacy School toolkits provide educational support and resources to engage students, staff, and the school community.

With ongoing awareness and education, the next step towards reconciliation is action. Legacy Schools are encouraged to create reconciliACTIONS. DWF's aim is to have reconciliACTIONS culminate during Secret Path Week which occurs annually from October 17-22, to create a national movement of awareness and understanding. DWF will share these inspiring and compelling reconciliACTIONS on our website and social media, to provide support to schools and inspire all of us to "Do Something."

What is a ReconciliACTION?

A reconciliACTION is a community-based event that aims to bring Indigenous and non-Indigenous people together in the spirit of reconciliation through education, awareness and understanding. A few ideas for your reconciliACTION are:

- Researching the First Nations, Inuit, and Métis communities in your region and learning the land acknowledgement; make sure this is built into your school's communications
- Visit a local Indigenous organization; friendship centre, community group, museum or attend a cultural event in your community
- Read books by Indigenous authors, and listen to music by Indigenous musicians
- Organize a screening of *The Secret Path*, or Walk for Wenjack in your school

TO REGISTER YOUR SCHOOL, VISIT
LEGACYSCHOOLS.CA
TOLL-FREE: 1-844-944-4545





PROGRAMME ÉCOLES PATRIMONIALES

À propos du Fonds Gord Downie et Chanie Wenjack

Le Fonds Gord Downie et Chanie Wenjack (FDW) fait partie de l'héritage de Gord Downie et incarne son engagement, ainsi que celui de sa famille, à améliorer la vie des Autochtones au Canada. En collaboration avec la famille Wenjack, le Fonds a pour but de poursuivre la conversation qui a été entamée par l'histoire de Chanie Wenjack au pensionnat indien et de faciliter notre cheminement de réconciliation collectif par une combinaison d'activités de sensibilisation, d'éducation et d'établissement de liens.

À propos du programme Écoles patrimoniales

Le programme Écoles patrimoniales du FDW donne l'occasion aux classes et aux écoles de mener le mouvement tout en étant conscientes de l'histoire du régime des pensionnats et de son incidence sur les Autochtones. Les trousseaux d'outils du programme Écoles patrimoniales offrent du soutien et des ressources à caractère éducatif pour mobiliser les élèves, les employés et la communauté scolaire.

Après la mise en œuvre d'un programme de sensibilisation et d'éducation continu, la prochaine étape vers la réconciliation est l'action. Les écoles patrimoniales sont donc invitées à créer des réconciliATIONS. L'objectif du FDW est de faire en sorte que les réconciliATIONS culminent durant la Semaine du sentier secret, qui a lieu chaque année du 17 au 22 octobre, afin de créer un mouvement national de sensibilisation et de compréhension. Le FDW diffusera ces réconciliATIONS inspirantes et déterminantes sur son site Web et dans les médias sociaux afin de soutenir les écoles et d'inspirer chacun de nous à « faire quelque chose ».

Qu'est-ce qu'une réconciliACTION?

Une réconciliACTION est une activité communautaire qui vise à réunir les Autochtones et les non-Autochtones dans un esprit de réconciliation grâce à l'éducation, à la sensibilisation et à la compréhension. Voici quelques idées pour votre réconciliACTION :

- Faire des recherches sur les collectivités des Premières Nations, des Inuits et des Métis dans votre région et en apprendre davantage sur la reconnaissance des terres; s'assurer que cela est intégré aux communications de votre école.
- Visiter une organisation autochtone locale, comme un centre d'amitié, un groupe communautaire ou un musée, ou encore assister à un événement culturel dans votre collectivité.
- Lire des livres d'auteurs autochtones et écouter de la musique de musiciens autochtones.
- Prévoir le visionnement du film *Secret Path* ou une marche pour Wenjack à votre école.

POUR INSCRIRE VOTRE ÉCOLE,
CONSULTEZ LE SITE
LEGACYSCHOOLS.CA
NUMÉRO SANS FRAIS : 1-844-944-4545



KEYNOTE SPEAKERS





CATRIONA LE MAY DOAN

**“THE FASTEST WOMAN ON ICE”
CBC BROADCASTER AND OLYMPIC
TORCH LIGHTER, 2010 OPENING
CEREMONY**

Catriona realized her dream of winning an Olympic gold medal, and further realized that remaining at the top was even harder. She will leave her audience with a clear understanding of what it takes to get to the top and stay there in a competitive environment. What does it take to be the best? What does it take to remain the best?

Catriona highlights the role of leadership and the need to continually raise the bar to stay on top and overcome obstacles.



HARRISON BROWNE

**FIRST TRANSGENDER PROFESSIONAL
ATHLETE
DIVISION I NCAA HOCKEY PLAYER AND
2017 NWHL CHAMPION
OUTSPOKEN ADVOCATE FOR LGBTQ
RIGHTS**

During his three seasons in the NWHL, Harrison was a trailblazer and pioneer for LGBTQ rights. He helped form the first ever transgender policy in professional sports to aid both transmen and transwomen in their participation. He is also the appointed Inclusion Leader for the NWHL advisory board. Through his efforts, Harrison was recognized in 2016 by The Hockey News as one of hockey's 100 Top People of Power.

KEYNOTE SPEAKERS



THE HONOURABLE MURRAY SINCLAIR

The Honourable Murray Sinclair is a member of the Peguis First Nation. He is a Fourth Degree Chief of the Midewiwin Society, a traditional healing and spiritual society of the Anishinaabe Nation responsible for protecting the teachings, ceremonies, laws, and history of the Anishinaabe. His Spirit Name is Mizhana Gheezhik (The One Who Speaks of Pictures in the Sky).

He served as Co-Chair of the Aboriginal Justice Inquiry of Manitoba and as Chief Commissioner of Canada's Indian Residential Schools Truth and Reconciliation Commission (TRC). As head of the TRC, he participated in hundreds of hearings across Canada, culminating in the TRC's widely influential report in 2015. He also oversaw an active multi-million dollar fundraising program to support various TRC events and activities, and to allow survivors to travel to attend TRC events. In 2017 Governor General Julie Payette awarded him and the other TRC Commissioners the Meritorious Service Cross (Civilian) (MSC) for service to Canada for their work on the TRC.



MELANIE SODKA

**SPEAKER, WRITER, CAPACITY
CREATOR, PODCASTER, TEDX
SPEAKER**

Melanie's captivating engagement style connects her attendees into perspective-shifting and thought-provoking experiences. Her energy combined with storytelling abilities, have moved thousands to countless breakthroughs and transformations. As a TEDx speaker and podcaster, Melanie continues to reach worldwide audiences with her message.

KEYNOTE SPEAKERS

CSLC + 20K Sock Day

CSLC- CCLÉ Community Project

1

Use your 20K Blueprint to Plan

Use the Blueprint to reflect on "your why", determine the local shelters you can donate to, where your community space, and your promotional plan!

2

Collect Socks + Share Numbers

Fill your box (and then some) with socks and encourage other people in your school and community to add to it! Share your total numbers by scanning this code!



3

Donate Socks to Local Shelters

Drop off the socks at the Local Shelter! Let's see if CSLC can collectively donate 3000 pairs of socks across Canada!

20k Sock Day was created to raise awareness of the need for socks to be donated to shelters across Canada. Socks are one of the most requested items but least donated. With the goal to raise 20 thousand pairs of socks a year, the organization has raised over three hundred thousand over the past four years! This year as a CSLC Community project, we encourage every school at CSLC to get involved and collectively donate socks across Canada.





SLCP

STUDENT LEADERSHIP CERTIFICATION PROGRAM

**THE SLCP OFFERS GREAT LEADERSHIP
DEVELOPMENT TO STUDENT LEADERS
AND CAN BE USED AS EXTRA
CURRICULAR THE BUILDING BLOCKS OF
A CREDIT COUR, AND SHSM
CERTIFICATIONS.**

WWW.STUDENTLEADERSHIP.CA/SLCP

Nutrition Break with **IAN TYSON**

For 30+ years, Ian Tyson has been entertaining and inspiring audiences across North America to realize their potential, and seek happiness in life.

Ian's book, "Hooray For Everything! The Optimist Manifesto" is an insightful collection of stories, and ideas about finding and keeping positivity. Also an avid home cook, who brings his positivity to the kitchen and was featured on the Food Network Canada show "Wall of Chefs"



Join Ian for Live cooks on the Conference Breaks!
Located in the CSLA Auditorium

Thursday, October 6 | 6PM ET

Cold Cut Pinwheels

10-12 inch tortillas (in the
flavour of your choice)
Cream Cheese (follow
your flavour joy)
Green Onions
Cold Cuts (Ham, Turkey,
Roast Beef.. whatever you
like)
Hot Sauce optional



Saturday, October 8 | 3:30 PM ET

Canadian Maple Energy Bites

1 1/4 Cups Oats (Quick or Old
Fashioned)
2 Tablespoons of Superfood "Energy
Boost" - Chia Seeds, Hemp Seeds of
Flaxseed
1/2 Nut Butter of Choice - Almond
Butter or Natural Peanut Butter
1/3 Cup Canadian Maple Syrup
1 Teaspoon Vanilla Extract
1/4 Teaspoon Kosher Salt
1/2 Cup "Mixer" of choice - (I'll be
using Dried Cranberries and
Coconut Shavings)

CSLA AWARD WINNERS

CSLA is pleased to offer twelve \$500.00 annual student awards to exemplary student leaders from across Canada. The aim of these awards is to recognize outstanding achievement and contribution to student leadership in secondary schools and communities across Canada.



Madison Byrt

École Olds High School



Sierra Jordan

Halifax West High School



Crystal Kisakye

St. Patrick High School



Leah Lindsay

Centennial High School



Oliver Lauer

Fleetwood Park Secondary



Madalyn Mcphee

Kindersley Composite High
School



Brionna Morrissey

Inuksuk High School



Lydia Ramsay

Lockview High School



Emily Raynor

Beaconsfield High School



Anshika Sharma

Maples Collegiate



Sam Taylor

Kitchener-Waterloo
Collegiate & Vocational
School



Ruhamma Zaheeb

Harbour View High School

THE F.W. (BILL) CONCONI 'ABOVE AND BEYOND'

LEADERSHIP AWARD

This award acknowledges an emerging student leader who demonstrates exemplary leadership, positive impact and influence on their peers and community, and a selfless contribution to improve the world around them. The Above and Beyond Award will help to secure the legacy of dedicated leadership that Bill Conconi has shown over his tenure with CSLA.

Bill Conconi led the Canadian Student Leadership Association from a well-intentioned group of volunteer advisors to an official, registered not for profit organization. He has mentored dozens of advisors, contributed thousands of hours of his time, secured literally millions of dollars of sponsorship funding and, along with his wife, Ellie, hosted hundreds of student leaders on the Oriole tall ship experience. Bill leads by doing; by working; by providing opportunities and the support for others to lead. He invites others to make their greatest leadership contribution using their unique skillset.

This award is an extension of the CSLA Award Program, choosing from the top award submissions for the annual Canadian Student Leader Awards. In addition to the attributes identified by the award selection committee, sustainable impact or change influence are crucial in the decision making process. The winner receives a \$1000 award and a trophy in recognition of their achievements.



2022 AWARD WINNER

Maddison Tory

Henry Wise Wood High School

Scholarships that put **community leadership** first.



Who is eligible for a TD Scholarship for Community Leadership?

- Students who have shown exceptional leadership in making a meaningful and lasting difference in their community.
- Students in their last year of high school (outside Quebec), or CEGEP (in Quebec).
- Students with a minimum average of 75% (outside Quebec) or a minimum R score of 26 (in Quebec).

TD Scholars receive:

- Up to **\$70,000¹** over four years towards tuition and living expenses to attend an approved Canadian college or university; and
- Offers of paid employment at TD or a TD-funded charitable organization for each of the four summers of their university or college years.




Apply online by 1 p.m. EST on November 15, 2022.

¹Visit td.com/scholarships to learn more.

**TD READY
COMMITMENT**





Des bourses
d'études qui
accordent la priorité
au **leadership
communautaire.**

Qui est admissible à une Bourse d'études TD pour le leadership communautaire?

- Les étudiants ayant fait preuve d'un leadership exceptionnel en vue d'apporter des changements importants et durables dans leur collectivité.
- Les étudiants à la dernière année de leurs études secondaires (à l'extérieur du Québec) ou à la dernière année de cégep (au Québec).
- Les étudiants qui ont une moyenne d'au moins 75 % (à l'extérieur du Québec) ou une cote R d'au moins 26 (au Québec).

Les boursiers TD reçoivent :

- Jusqu'à **70 000 \$¹** sur quatre ans pour payer leurs frais de scolarité et de subsistance pendant qu'ils fréquentent une université ou un collègue approuvé au Canada; et
- Des offres d'emplois d'été rémunérés à la TD ou au sein d'un organisme de bienfaisance financé par la TD pendant les quatre années de leur parcours universitaire ou collégial.



Faites une demande en ligne d'ici le 15 novembre 2022 à 13 h (HE).

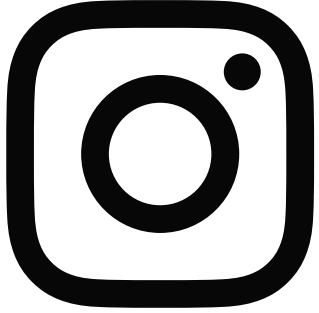
¹Visitez td.com/bourses pour en savoir plus.

LA PROMESSE TD
PRÊTS À AGIR



JUMP INTO CSLC

Welcome to the first-ever virtual CSLC! Use this page for tips and tricks to keep your conference energy strong, even if we aren't all in the same room!



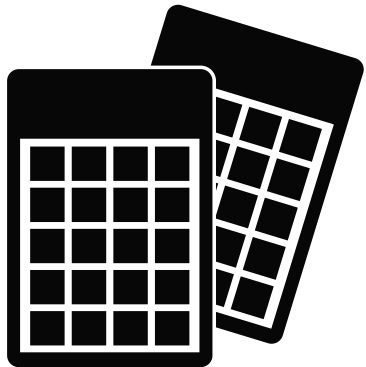
FOLLOW @CANADIANSTUDENTLEADERSHIP

We will be monitoring this account and are excited to see groups and individuals tag us in pictures of how you are watching the event, videos of your CSLC Spirit, and your favourite messages from the speakers. **Don't forget to use hashtag #CSLC2022!**



WEAR YOUR SCHOOL COLOURS

What shows school spirit more than wearing some school swag, school colours or going all out with face paint and costumes! We will be searching Instagram for awesome school spirit and can't wait to see what you do!



DOWNLOAD THE CSLC VIRTUAL BINGO CARD

Don't miss out on going to Instagram to get the CSLC Bingo card and see if you can get a bingo line OR full card throughout the conference-- don't forget to let us know if you do on Instagram!



PARTICIPATE FULLY!

The more you jump into the conference, the more you will get from it! From exploring the campus and meeting new people, to asking questions on Slido, to fully getting involved in your Spirit Leader sessions. We are so excited to have you at CSLC and encourage you to get to the most out of every moment!

#CSLC2022

VIRBELA

VIRBELA

Virbela Download Resource Guide

(For School Computers and IT Department Approvals)

- **Tips:**

- If you require an internal approval to download software to your school device, please make sure to start this process with the appropriate IT support team early and provide them with all the necessary information.
- We have provided a variety of resources below that you may require while getting an approval
- Please contact Virbela Tech Support at help@virbela.com if you need any assistance for your download on/after October 3, or additional information required to gain approval

- **Download Approval Resources:**

- Virbela Privacy Policy
- Virbela Terms of Use
- Virbela Campus 1 (CSLC Virtual Private Campus) Firewall Whitelist
- Virbela Data Protection & Security FAQ

Virbela Tech Requirements (*For students and advisors*)

- Virbela Hardware and Software Requirements

Virbela Extra Resources

- How to Virbela - Video
- How to Virbela - Document
- Virbela Tips and Tricks



VIRBELA

How to Download Virbela:

1. On **Monday, October 3rd**, every student and advisor who is registered for CSLC will receive an email that will include a link to the CSLC Virbela Onboarding Webpage. **Please click on this link when you receive it to begin the download process.**

1. Once you click on the link, the download for the Virbela campus should start right away. However, if the downloading process does not start right away, you can click on the download link for your specific computer.
 - a. For example, if you have a Mac, download the Virbela campus compatible with Mac. If you have a PC, download the Virbela campus compatible with PC.
 - b. Please note that Chromebooks do not support the Virbela software. You will need to use a Mac or PC.

2. **Register your account** using the email you provided us at registration. This is the same email that you will receive CSLC 2022 communications to.
 - a. Registering your account/setting up your Virbela avatar will take around 30 minutes, so please plan on setting up your account as early as possible.

3. Once the download is complete and you are all registered, join us in Virbela for Canada's best and biggest national conference!



VIRBELA

FAQ

- *Can we use Chromebooks for CSLC 2022?*
 - Virbela is **NOT** compatible with Chromebooks. The only 2 kinds of computers that are compatible with Virbela are Macs (Apple) and PCs (Desktops and Laptops).
 - Please check the [Virbela Hardware and Software Requirements](#) info for more details.
- *Can I download the CSLC Virbela Campus before October 3rd?*
 - No. Just like renting out a conference centre, we are limited in how early we can access this download before the event begins. **All delegates will be able to download the Campus on October 3rd.**
- *Who can access CSLC's Virbela Campus?*
 - Virbela's Campus is very secure. Only students and advisors who have registered for CSLC will have access to the campus. There will be **NO** public access to our campus.
- Will there be training sessions on how to use this platform for both teachers and students?
 - Yes! A Virbela Tech Support and Campus Scavenger Hunt will happen ON CAMPUS on Wednesday, October 5th at 4pm ET to 8pm ET. This is for all delegates. Come join us and familiarise yourself with Virbela and the new and improved campus.
 - If you would like to get extra help on Virbela's campus, please contact jake@studentleadership.ca to schedule a time on Tuesday, October 4th throughout the whole day.



VIRBELA

- *Are we using any other technologies during CSLC?*
 - CSLC will be using additional web-based technology during the conference, including Google Meets for our Spirit Group Sessions. No download is required.
 - CSLC will be using Slido, an interactive tool during our workshop and keynote presentations. Students and advisors may want to have a second device available (other than their computer) that can scan a QR code (phone, tablet) where they can interact using Slido.
- *Who do I contact for more information?*
 - Any tech & download related questions can be directed to help@virbela.com
 - Jake Choi, jake@studentleadership.ca, Tech Lead, CSLC 2022
 - Please reach out to Maddie Campbell, mcampbell@studentleadership.ca for any clarifications or general conference inquiries



SLIDO

**THE BEST WAY TO INTERACT WITH
ALL SPEAKERS @ CSLC!**

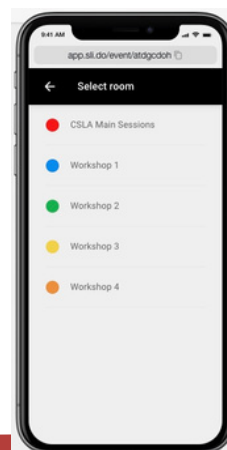
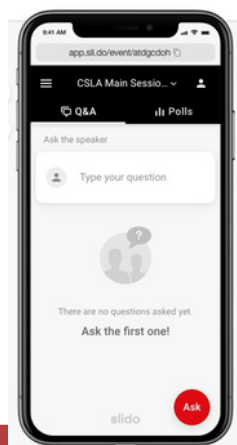


We will be using Slido to allow students and advisors the opportunity to directly interact with speakers and workshop presenters. We recommend that students and advisors use their phones to use Slido.

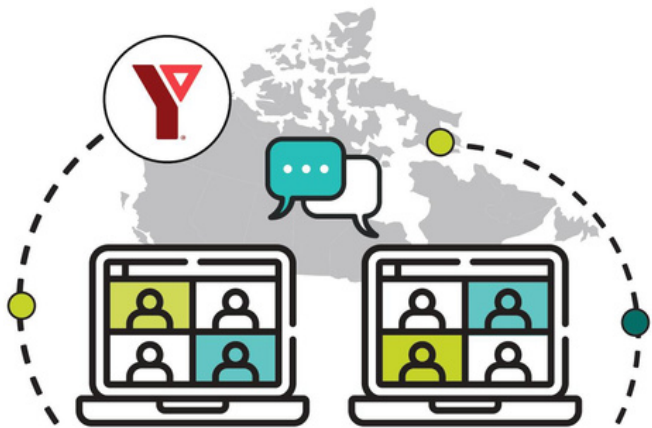
As shown on the left screen in this picture, you will see the QR code/code to join the Slido! Use your phone to scan the QR code or go onto slido.com on any browser and put in the code (CSLC2022).

Join your specific room through this menu to make sure you are asking your questions to the correct presenter!!

Choose to ask your questions anonymously and like any other questions asked that you'd like the presenter to ask!



YMCA Virtual Exchange Program



At YMCA Youth Exchanges Canada (YEC) we have been busy working with leaders and young people from Coast to Coast to Coast to facilitate meaningful and engaging exchanges between groups of youth aged 12-17 from all across this country. We are ready to offer our new Virtual Exchange Program so that you and your students can connect with others, learn about each other's community and explore the cultural diversity of another part of Canada.

A virtual exchange program includes many elements of our traditional in-person exchanges, providing participants an opportunity to learn more about Canada, connect with new people, and develop new skills. Instead of traveling between communities, youth will develop and complete activities virtually, share their communities with each other, and build relationships via technology.

As with our in-person exchanges, YEC has project cost funding to support groups with barriers to participation. This year these funds will be used to support the infrastructure of the virtual exchange program such as internet, cellular data, or a webcam, and funding activity-related costs, such as food and supplies. We are committed to making both of our exchange options as accessible as possible for all Canadian youth.

This program is available for groups of 10-30 youth, from 12 to 17 years of age. Thanks to the Department of Canadian Heritage, we are able to support groups by providing guidance, training, and project costs.

Check us out at <https://yec.ymcagta.org> or call 1-877-639-9987 for more information!