

WORKSHOP GUIDE

Workshop Sign-ups
open from
September 19-26,
2022

**EMERGING
LEADERS**



**LEADERS
ÉMERGENTS**

OCTOBER 6-8, 2022

[CONFERENCES.STUDENTLEADERSHIP.CA](https://conferences.studentleadership.ca)



BEN MCNAMARA

ALL MEANS ALL - CREATING INCLUSIVE SCHOOLS THAT WELCOME STUDENTS WITH DISABILITIES

You've probably heard a lot about inclusion lately, especially when it comes to school. Inclusion means meeting the needs of ALL students. We all have the right to belong. We also have the right to learn and work together. There was a time when many people who had an intellectual disability, or other disabilities, were not welcome in public schools. Persons with an intellectual disability were not valued for their strengths, but merely judged on the basis of their disability. Over the years, we have learned that inclusive education benefits all students. Everyone learns better when there is a sense of belonging and respect. Inclusion helps everyone develop their individual strengths and gifts and helps us to create friendships with a diverse variety of people. As a high school student, you are probably well aware of the realities and the effects of exclusion. You may have felt excluded yourself at some point. It's not a nice feeling. This workshop will tackle a number of issues around inclusion. Issues like harassment, bullying, and loneliness are getting students, teachers, principals, and other school staff to look for new and creative ways to make their high schools healthy and positive "communities" for everyone.



JEFF GERBER

SECRETS TO A SUCCESSFUL STUDENT'S COUNCIL

Bringing students together to make an impact on their school is something Jeff not only knows how to do but he knows the secrets on taking Student Council and Activities at your school to the next level. Join this workshop to learn how to maximize your impact as student leaders when bringing events to life, fundraising, connecting to students, and more! This workshop will build your toolbox of skills and ideas to thrive as a Student Council this year!



KELSEY COUTTS DESTINY HOOSTIE

BANGIN' BANNOCK FRYBREAD WORKSHOP

A open conversation workshop showing the process of making bannock while speaking on histories, culture and our journey in business! Delicious food and good conversation.

OCTOBER 7

2PM- 3PM ET



CLAUDE BEAULIEU

REBOOT TON MIEUX-ÊTRE

Reboot ton mieux-être est une conférence informative et dynamique qui favorisera le mieux-être de chaque participant. Le concept de reboot est simple, tel un ordinateur, nous avons nous aussi besoin occasionnellement d'un Reboot pour être en mesure de retrouver notre fonctionnement optimal. Donnez vous la permission de venir faire un ménage de votre système. Venez en apprendre davantage sur les antivirus qui permettent de protéger votre système des menaces extérieures, sur les programmes qui favorisent une meilleure organisation des différents fichiers de votre vie, sur l'importance de la connexion et sur les différentes applications qui peuvent simplifier ou permettre d'équilibrer votre vie personnelle/professionnelle. Si vous avez besoin de recharger votre batterie et de retrouver votre énergie vitale, je vous invite à venir faire une Reboot de votre système lors de cette conférence transformative et unique en son genre.



INDIGENOUS INVENTIONS LEARNING THROUGH LEGACY SCHOOLS

DWF's Legacy Schools program provides people with a variety of opportunities to include Indigenous knowledge and understanding in their communities. Through this workshop, youth will learn how many everyday inventions we use exist because of brilliant Indigenous minds!

**SABRINA ANGECONEB
& LISA PRINN**



BRENT DICKSON

ADVISOR ONLY WORKSHOP FESTIVE YELLOW LANDYARDS: TRADITIONS IN YOUR SCHOOL

There are traditions that are rooted in the foundation of our school culture that are unique to every school. Some traditions are rooted in the history of your school and some are traditions you didn't even know have started until students raise awareness that in fact that activity you do every year or way you celebrate birthdays are crucial to your school culture. Join Brent in exploring how leaning into those little traditions can make a big impact.



SARAH DAINTREY

BUILDING A CULTURE OF COMMUNITY AT YOUR SCHOOL

Activities, tricks, tips, and hints for getting students at your school to feel connected and able to participate in events. This workshop will walk you through some low risk, high reward activities to help provide opportunities for students to participate in events at your school. The goal at the end of the day is make a place where all students and staff feel good about. We want people to run to school, then walk home!



JANE THOMPSON

SCHOLARSHIPS: NOT JUST FOR SUPER-HEROES!

Jane has read thousands of scholarship applications. In this session she will share how to approach your applications, why you shouldn't let fear get in your way, and will bust a few myths as well.



NICK FOLEY

THE CADENCE EFFECT

In this upbeat and engaging workshop, Nick combines stories and his own personal insights coupled by individual and group work , to help busy teachers become their best through an efficient cadence of habits and tracking. The focus of this presentation includes Avoiding Burnout, Building Resilience, Managing Your Energy, the Power of No, and Setting Boundaries. Nick will provide you with a practical toolbox of information that you can use immediately in your personal life, with your family and your team.



ALEXANDER FLORIO

JOB PREP 101

For this workshop, I will be discussing the do's and don'ts every job seeker should know when creating a resume and preparing for a job interview. More often than not, there are common errors that job seekers make and it costs them. These mistakes are easily fixable and I will provide some tips that will help you land the job!



JOËL MICHAUD

LE PROFESSIONALISME ET L'ÉTHIQUE

Pratiquant le droit au Canada Atlantique et au Québec, Joël fournit des conseils stratégiques à ses clients en matière de relations de travail, de droit du travail et de l'emploi, et de litige civil. Il a comparu devant tous les niveaux de cour au Nouveau-Brunswick, devant la Cour fédérale, et devant la Cour suprême du Canada. L'atelier traitera du rôle parfois négligé du professionnalisme et de l'éthique en société et au travail.



MANDART CHAN

ADVISOR ONLY WORKSHOP

THE EDI JOURNEY STARTS IN THE CLASSROOM

As Leadership class advisors, we get to work with a diverse student population of our schools. With the multitude of faces that we see, we need to be mindful of the intersectionalities and social identities that these students bring to the classroom. Let's discuss the basics of Equity, Diversity, and Inclusion that will help shape the communities that we live in.



ABBEY GINGERICH

YOUR SCHOOL ON SOCIAL MEDIA

Social media is a powerful tool! Let me show you how to use it to keep your school community informed, engaged, and spirited! Whether you're just getting started or looking to elevate your online presence, I will show you all my tips and tricks. I'll even share some of my early mistakes so you can avoid them. We'll discuss branding, marketing, content creation, community engagement, and everything in between. My goal is to empower schools to feel more confident with their online presence, more connected to their students, and more involved in their communities.



presented by Desjardins



COURTNEY RATTAN

DRAWING ON YOUR LEADERSHIP QUALITIES - RELAY FOR LIFE YOUTH

Courtney and Helen are Relay For Life Youth Specialist at the Canadian Cancer Society who work with high school students in the GTA. They empower students to bring Relay For Life to their school community by equipping them with the leadership skills and tools needed to do so. The Relay For Life Youth team takes students on a journey to discover and reflect on their leadership qualities through drawing.



POST SECONDARY STUDENT PANEL

This Panel includes post-secondary students at different levels of their post-secondary journey who were involved in student leadership, like you! This panel will answer questions about life in post-secondary as well as tips on how to use your involvement in student leadership beyond high school. Join this conversation to learn more about post-secondary opportunities and apprenticeships.

ZOE MOLDER, EMILY ARROWSMITH, LEAH LINDSAY, ERIK MCINNES



ATIF HIRJI

ANTI-RACISM 101

Anti-Racism 101 gives an overview of concepts like anti-racism, privilege, diversity, inclusion, and bias, as well as provides concrete strategies and takeaways on how to focus on these concepts to build a stronger school community.



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LAUREN WHITE

CREATIVITY AND MENTAL HEALTH

In this workshop, Lauren will speak about how embracing creativity has helped her in her own struggles with mental health. Students will be encouraged to think about how they can use their own creativity to develop community, find purpose, and improve the lives of others around them.



ZOEY ROY

SPOKEN WORD AS LEADERSHIP

Zoey Roy is a poet for the people. Nehiyaw, Dene and Métis, Zoey understands the richness of Indigenous knowledge and how it can be looked to for guidance. She is a dedicated learner; a PhD student today, zoey holds a bachelor of education and masters of public policy. She is a teacher at heart and loves to be a part of the resurgence of the day. Participants in Zoey's workshop will craft their own individual poem based on their values, insights and passions. No experience necessary!



MELANIE SODKA

ADVISOR ONLY WORKSHOP

DIVING INTO YOUR CAPACITY

During this session, attendees will experience a new level of self-awareness around critical life and workplace topics such as the realities of multitasking, burnout prevention and contributing to an environment of 'sustainable ambition'. Throughout her session, Melanie will facilitate learning moments that will allow participants to leave with actionable resources and new ideas to manage their capacity.

