SCHEDULE

PACIFIC -3 HRS

MOUNTAIN -2 HRS

CENTRAL -1 HR

SCHEDULE IN EASTERN TIME

ATLANTIC +1 HR

NFLD +1.5 HRS

THURSDAY, OCTOBER 6, 2022

*ALL TIMES ARE IN EST

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
11 AM- 12 PM	EXPLORE ONLINE CAMPUS	WE ENCOURAGE YOU TO USE THIS TIME TO EXPLORE EVERYTHING CAMPUS HAS TO OFFER FROM CREATING YOUR AVATAR, PLAYING SOCCER, DOING THE SCAVENGER HUNT AND MORE	ONLINE CAMPUS, VIRBELA
12:00-1:30 PM	CONFERENCE IN A BOX ACTIVITIES	THIS IS A GREAT TIME TO BRING YOUR CONFERENCE IN A BOX TO LIFE! UNPACK THE BOX AND GET STARTED WITH YOUR CONFERENCE T-SHIRT AND LANYARD! AFTER YOU LOOK THE PART, THIS IS A GREAT TIME TO USE THE ICE-BREAKER ACTIVITIES PROVIDED AND START PLANNING YOUR COMMUNITY IMPACT PROJECT; 20K SOCK DAY. THE BOX INCLUDES INSTRUCTION CARDS FOR EACH ACTIVITY AND A PASSWORD PROTECTED WEBSITE IF YOU WOULD LIKE FURTHER INSTRUCTIONS/VIDEO INSTRUCTIONS.	YOUR OWN SPACE!
1:30-3:00 PM	OPENING CEREMONIES + OPENING KEYNOTE: CATRIONA LE MAY DOAN	OPENING CEREMONIES KICKS OFF WITH OLYMPIAN CATRIONA LE MAY DOAN CLICK HERE TO LEARN MORE ABOUT THE INSPIRING CATRIONA!	ONLINE CAMPUS, VIRBELA
3:00-4:00 PM	SPIRIT GROUPS	EACH STUDENT IS PUT INTO A SPIRIT GROUP, YOUR GROUP NAME AND GOOGLE LINK WILL BE SENT THE WEEK OF THE CONFERENCE. THE GOAL OF THESE GROUPS IS FOR STUDENTS TO CONNECT WITH OTHER STUDENTS FROM ACROSS CANADA. STUDENTS WILL GO THROUGH A STRUCTURED PROGRAM FACILITATED BY CSLC TRAINED SPIRIT LEADERS WHICH INCLUDES A CANADA WIDE CHALLENGE "SPIRITED IMPACT" CHALLENGE WHERE STUDENTS WORK THROUGH A CHALLENGE PRESENTLY HAPPENING IN SCHOOLS TO SOLVE.	GOOGLE MEETS
4:00-5:00 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR OWN SPACE!

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THURSDAY, OCTOBER 6, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
5:00-6:00PM	STUDENT FEATURE PRESENTATION	IN THIS SESSION, STUDENTS FROM ACROSS CANADA WILL PRESENT ON A EVENT THEY FACILITATED AT THEIR SCHOOL THAT MADE AN IMPACT ON THEIR COMMUNITY. STUDENTS WILL WALK AWAY WITH IDEAS AND PROCESSES ON HOW TO BRING THIS TO YOUR SCHOOL.	ONLINE CAMPUS, VIRBELA
6:00-6:30PM	JULLY BLACK	JUNO-AWARD WINNING, JULLY BLACK WILL BE PERFORMING AND PARTICIPATING IN A Q/A SESSION WITH STUDENT LEADERS. CLICK HERE TO LEARN AND LISTEN TO JULLY BLACK!	ONLINE CAMPUS, VIRBELA
6:30-7:00 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR OWN SPACE!
7:00-8:30 PM	SPIRIT LEADER GROUPS + ADVISOR ONLY SESSION WITH DR. JODY CARRINGTON	**STUDENTS:** IN THIS SPIRIT LEADER SESSION YOU WILL START TO WORK ON YOUR SPIRITED IMPACT CHALLENGE AND DEBRIEF THE DAY! **ADVISORS**: YOU WILL HAVE A SESSION WITH DR. JODY CARRINGTON FOLLOWED BY A ADVISOR SOCIAL WITH IAN TYSON!	GOOGLE MEETS

FRIDAY, OCTOBER 7, 2022

*ALL TIMES ARE IN EST

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
11 AM-12:00 PM	EXPLORE ONLINE CAMPUS	WE ENCOURAGE YOU TO USE THIS TIME TO JUMP ON CAMPUS AND MAKE CONNECTIONS WITH OTHER STUDENTS-- PLAY A GAME OF BASKETBALL, MEET A NEW FRIEND IN THE PRIVATE CONVERSATION ZONES, GO FOR A BOAT RIDE AND MORE!	ONLINE CAMPUS, VIRBELA
12:00-12:30	CULTURAL MOMENT: GORD DOWNIE & CHANIE WENJACK LEGACY SCHOOL KIT UNBOX	THE GORD DOWNIE & CHANIE WENJACK FOUNDATION WILL BE UNBOXING THE SCHOOL KIT THAT HAS BEEN MAILED TO YOU BEFORE CSLC. THEY WILL EXPLORE THE WAYS TO USE THE RESOURCES FOR YOUR OWN *RECONCILIACTION* PROJECT IN YOUR SCHOOL.	ONLINE CAMPUS, VIRBELA
12:30-1:45 PM	HONORABLE MURRAY SINCLAIR KEYNOTE	THE HONORABLE MURRAY SINCLAIR WILL BE SHARING AN EDUCATIONAL AND TANGIBLE KEYNOTE FOLLOWED BY A Q/A FACILITATED BY STUDENTS.	ONLINE CAMPUS, VIRBELA
1:45-2:00PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE!

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FRIDAY, OCTOBER 7, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
2:00 PM- 3:00 PM	WORKSHOP BLOCK ONE	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA
3:00-3:30 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE!
3:30-4:30 PM	HARRISON BROWNE KEYNOTE	HARRISON BROWNE WILL SHARE HIS INSPIRING JOURNEY IN HIS KENOTE PRESENTATION FOLLOWED BY A Q/A FACILITATED BY STUDENTS!	ONLINE CAMPUS, VIRBELA
4:30 PM- 5:00 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE!
5:00- 6:00 PM	WORKSHOP BLOCK TWO	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA

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FRIDAY, OCTOBER 7, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
6:00-6:30 PM	NUTRITION BREAK FEATURING IAN TYSON LIVE COOK	IAN TYSON WILL BE DOING A LIVE COOK OF A QUICK AND EASY SNACK YOU CAN MAKE AT HOME! FOLLOW ALONG OR TAKE NOTES TO MAKE IN THE FUTURE.	ONLINE CAMPUS, VIRBELA
6:30-7:30 PM	SPIRIT GROUPS	STUDENTS WILL BE WORKING ON THEIR CHALLENGE AND HAVING SOME EXTRA FUN IN THEIR SPIRIT GROUPS.	GOOGLE MEETS
7:30-8:30 PM	LEADERSHIP OPPORTUNITIES SESSION	IN THIS SESSION STUDENTS WILL LEARN ABOUT DIFFERENT ORGANIZATIONS THAT CAN FURTHER THEIR LEADERSHIP SKILLS FROM RELAY FOR LIFE TO JOB SEEKING ADVICE, TO SUMMER PROGRAMS!	ONLINE CAMPUS, VIRBELA
8:30-9:30 PM	SPIRIT GROUPS	IN THIS SESSION, STUDENTS WILL HAVE SOME FUN AND DEBRIEF THEIR DAY!	GOOGLE MEETS

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SATURDAY, OCTOBER 8, 2022

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
11 AM-11:15 AM	EXPLORE ONLINE CAMPUS	WE ENCOURAGE YOU TO USE THIS TIME TO JUMP ON CAMPUS AND MAKE CONNECTIONS WITH OTHER STUDENTS-- PLAY A GAME OF BASKETBALL, MEET A NEW FRIEND IN THE PRIVATE CONVERSATION ZONES, GO FOR A BOAT RIDE AND MORE!	ONLINE CAMPUS, VIRBELA
11:15 AM-12:00 PM	CULTURAL MOMENT: DAVE GUNNING	NOVA SCOTIAN FOLK SINGER/SONGWRITER, DAVE GUNNING WILL BE PERFORMING AND SHARING ABOUT HIS JOURNEY IN THE MUSIC INDUSTRY	ONLINE CAMPUS, VIRBELA
12:00- 1:00 PM	WORKSHOP BLOCK 3	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA
1:00-1:30 PM	BREAK	WE ENCOURAGE YOU TO GRAB A SNACK, STRETCH, OR USE AN "OPEN WHEN ACTIVITY" FROM YOUR CONFERENCE IN A BOX DURING THIS BREAK.	YOUR SPACE
1:30-2:30 PM	MELANIE SODKA KEYNOTE	WELL-BEING + MENTAL HEALTH AND CAPACITY EXPERT MELANIE SODKA WILL EMPOWER CSLC WITH WAYS TO BUILD RESILIENCE AND CAPACITY!	ONLINE CAMPUS, VIRBELA

*ALL TIMES ARE IN EST

SATURDAY, OCTOBER 8, 2022 CONTINUED

TIME	EVENT	DESCRIPTION + BEST VIEWING TIPS	LOCATION
2:30-3:30 PM	WORKSHOP BLOCK 4	PLEASE SEE THE WORKSHOP DESCRIPTIONS LOCATED IN OUR WORKSHOP GUIDE FOR THE VARIOUS WORKSHOP TOPICS/PRESENTERS.	ONLINE CAMPUS, VIRBELA
3:30- 4:00 PM	LIVE COOK BREAK	IAN TYSON WILL BE DOING A LIVE COOK OF A QUICK AND EASY SNACK YOU CAN MAKE AT HOME! FOLLOW ALONG OR TAKE NOTES TO MAKE IN THE FUTURE.	ONLINE CAMPUS, VIRBELA
4:00-5:00 PM	SPIRIT GROUPS	JOIN YOUR LAST SPIRIT LEADER SESSION WITH ONE LAST DEBRIEF AND FINALIZE YOUR PRESENTATION!	GOOGLE MEETS
5:00- 6:00 PM	CLOSING CEREMONIES + CSLA AWARDS	WE WILL BE ANNOUNCING THIS YEAR'S CSLA AWARDS	ONLINE CAMPUS, VIRBELA